

Massage Health History Form

The information on this form is confidential and will be used for no other purpose than for the Therapist's clinical records. No information can be disclosed without written permission from the client, or if required by law.

Name		Occupation	
Address			
City/Province		Postal Code	
Primary phone # Home/Work/Cell (please circle)		Second phone # Home/Work/Cell (please circle)	
Email address: note this will only be used to provide appointment statements and reminders			
Date of Birth: Day _____ Month _____ Year _____		Sex: Male Female (please circle)	
Emergency Contact Name		Phone #	
Primary Care Physician Name		Phone #	
Massage Before Y/N	Chiropractic Y/N	Acupuncture Y/N	Other Therapies:

Who referred you for massage therapy or acupuncture? _____

What is the primary reason you are seeking massage therapy or acupuncture?

Only complete if the answer to either option below is yes.

Is this a WSIB case? Yes/No Social Insurance Number _____ Date of Accident _____ Employers Name _____ Employers address & phone number	injuries related to a motor vehicle accident? Yes/No Date of Accident _____ Insurer's Name _____ Policy or Claim # _____ Insurer's address & phone number
Who else have you seen for this injury? MD Physio Massage Acupuncture Chiro	Who else have you seen for this injury? MD Physio Massage Acupuncture Chiro

Date of Initial Health History and Treatment _____ Update 1 _____ Update 2 _____ Update 3 _____

Please turn over and complete reverse side

The information request below will assist us in treating you safely. Feel free to ask any questions about the information requested.

<p>Cardiovascular</p> <ul style="list-style-type: none"> <input type="checkbox"/> High blood pressure <input type="checkbox"/> Low blood pressure <input type="checkbox"/> Poor circulation <input type="checkbox"/> Chronic congestive heart failure <input type="checkbox"/> Heart attack <input type="checkbox"/> Phlebitis / varicose veins <input type="checkbox"/> Stroke / CVA <input type="checkbox"/> Pacemaker or similar device <input type="checkbox"/> Heart disease <p>Family history of any of the above Y / N (please note FH next to those applicable)</p> <p>Respiratory</p> <ul style="list-style-type: none"> <input type="checkbox"/> Smoker <input type="checkbox"/> Current / Past: When quit? _____ <input type="checkbox"/> Chronic cough <input type="checkbox"/> Shortness of breath <input type="checkbox"/> Bronchitis <input type="checkbox"/> Asthma <input type="checkbox"/> Emphysema <input type="checkbox"/> Sinus infection <input type="checkbox"/> Other breathing problem <p>Details:</p> <p>Family history of any of the above Y / N (please note FH next to those applicable)</p>	<p>Systemic conditions diagnosed by health care practitioner</p> <ul style="list-style-type: none"> <input type="checkbox"/> Epilepsy, onset _____ <input type="checkbox"/> Diabetes: Type I / II <input type="checkbox"/> When diagnosed _____ <input type="checkbox"/> Cancer, where _____ <input type="checkbox"/> Arthritis, where _____ <input type="checkbox"/> Depression, mental illness <input type="checkbox"/> Fibromyalgia <input type="checkbox"/> Urinary disorders <input type="checkbox"/> Kidney disorders <input type="checkbox"/> Digestive disorders <input type="checkbox"/> Liver disorders <input type="checkbox"/> Osteoporosis <p>Family history of any of the above Y / N (please note FH next to those applicable)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Braces worn When _____ How long _____ <input type="checkbox"/> Retainer is it permanent Y / N On upper / lower teeth <input type="checkbox"/> Night Guard <p>Women</p> <ul style="list-style-type: none"> <input type="checkbox"/> Menstrual problems <input type="checkbox"/> Gynaecological condition _____ <input type="checkbox"/> Menopause: Peri Mid Post <input type="checkbox"/> Pregnant: due _____ <input type="checkbox"/> Children Y / N number ____ Birth: Vaginal / Cesarean 	<p>Head / Neck</p> <ul style="list-style-type: none"> <input type="checkbox"/> History of headaches <input type="checkbox"/> History of migraines <input type="checkbox"/> Vision problems <input type="checkbox"/> Glasses / Contact Lenses <input type="checkbox"/> Vision loss <input type="checkbox"/> Ear problems / Earaches / Tubes <input type="checkbox"/> Hearing loss <p>Infections</p> <ul style="list-style-type: none"> <input type="checkbox"/> Athlete's foot / Plantar Warts <input type="checkbox"/> Hepatitis <input type="checkbox"/> Tuberculosis <input type="checkbox"/> Other respiratory infections _____ <input type="checkbox"/> HIV / AIDS <input type="checkbox"/> Herpes <input type="checkbox"/> Other _____ <p>Other conditions</p> <ul style="list-style-type: none"> <input type="checkbox"/> Loss of sensation, where <input type="checkbox"/> Skin condition (rosacea, eczema, etc) Describe: <input type="checkbox"/> Allergies/hypersensitivity to what reaction <p>Any internal pins, wires, artificial joints or special equipment? Y / N What and where? _____</p>
Any fractures (broken bones)		
Surgeries: When & what for		
Injuries: When & what occurred		
Current Medications	Conditions treated	
Exercise (weights, cardio, organized sports): What and how often		
Sleeping position, pillows used, issues sleeping, insomnia		

Therapist Notes: